



## **PRESS RELEASE**

### **RESERVATION & REGISTRATION (R&R) ONLINE SYSTEM FOR PDOS TO BE IMPLEMENTED IN CFO - MANILA**

EFFECTIVE 17 August 2015, Monday, all Filipinos who hold an immigrant visa must reserve and register on-line **before** attending the **PRE-DEPARTURE ORIENTATION SEMINAR (PDOS)** and the **PEER COUNSELING PROGRAM (PCP)** conducted by the Commission on Filipinos Overseas (CFO) in Manila. This may be done through the **RESERVATION AND REGISTRATION (R&R) ONLINE SYSTEM** which is accessible via CFO's website at the Commission on Filipinos Overseas ([www.cfo.gov.ph](http://www.cfo.gov.ph)) or using this link: [https://cfo.ph/PDOS\\_Reservation/](https://cfo.ph/PDOS_Reservation/).

Each PDOS will accommodate 70 attendees per session while each Peer counseling session will take in 25 youth emigrants. The **R&R PDOS on-line system** will automatically close the on-line reservation/registration when all allocated slots for the specific country are taken.

Only clients who present a **confirmed reservation slot and who have accomplished the on-line registration form, with the corresponding barcode reference number**, will be admitted to the PDOS and/or Peer Counseling Program. This document, together with all the appropriate requirements, should indicate the confirmed date and time of PDOS or Peer Counseling Program as it was completed on the on-line registration.

Individuals who are unable to appear on their scheduled seminar date will be required **to reserve on-line again. However, the completed on-line registration form with a barcoded reference number will be kept active for one month and can still be used for the new reservation.**

Aside from complying with the documentary requirements in their registration, **emigrants between the ages of 20-59** are required to attend the PDOS which is country-specific and aims to equip Filipino emigrants with vital knowledge that may ease their integration into their new host country. The PDOS is a comprehensive two-hour seminar conducted by CFO for Filipino emigrants to address their adjustment concerns in their destination countries.

In these seminars, various topics are discussed such as travel regulations, immigration procedures, cultural differences between home and host countries,

settlement concerns, finding employment, securing healthcare benefits, qualifying for citizenship, social security concerns and rights and obligations of Filipino migrants.

Please refer to the daily PDOS schedules corresponding to the destination countries for your ready reference:

<b>Pre-Departure Orientation Seminar Schedule for Filipino Emigrants</b> (effective 16 July 2012) (CFO Manila)		
Country	Day	Time
United States of America	Mondays, Wednesdays and Thursdays <i>(70 slots everyday)</i>	10:00 am - 12:00 nn
	Tuesdays and Fridays <i>(70 slots everyday)</i>	2:00 pm - 4:00 pm
Canada	Monday to Friday <i>(70 slots everyday)</i>	9:30 am - 12:00 nn
Europe	Tuesdays and Fridays <i>(70 slots everyday)</i>	10:00 am - 12:00 nn
Australia and New Zealand	Tuesdays and Fridays <i>(70 slots everyday)</i>	2:00 pm - 4:00 pm
Japan and other Asian countries	Mondays and Thursdays <i>(70 slots everyday)</i>	2:00 pm - 4:00 pm

**For emigrants between the ages of 13-19**, two Peer Counselling sessions are held daily. The procedure for attendance to the Peer Counseling Program will be the same as that of the PDOS which will require the emigrant to first reserve and register on-line **before** attending the program. This acknowledges the importance of preparing adolescent members of emigrant families for their new life abroad. The session aims to discuss subjects relevant to their personal experiences such as culture shock, adjustment to foreign school systems and homesickness.

**Hereunder are the schedules for Peer Counselling for your ready reference.**

<b>Schedule of Peer Counseling Sessions for Filipino Youth Emigrants (13-19 Years Old) (CFO Manila)</b>		
<b>Destination Country</b>	<b>Day</b>	<b>Time</b>
All Countries	Monday to Friday <i>(25 slots per session)*</i>	9:30 am - 12:00 nn 2:00 pm - 5:00 pm

*for info*

Please note that after attending the PDOS or the Peer Counseling Program, **a CFO registration sticker will be affixed to the emigrant's passport, without which an emigrant will not be allowed to depart** at the airport by the Bureau of Immigration personnel.

Press Release submitted by: Ivy Miravalles, Officer-in-Charge of the Migrant Integration and Education Division (MIED) / frontline unit of the Commission on Filipinos Overseas (CFO).

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Submitted on: July 17, 2015



# Are you migrating abroad with an immigrant visa? You need to attend the CFO-PDOS/Peer session!



Go online now to reserve and register in CFO-Manila

## R&R Online System Procedure

- Go to [http://cfo.ph/pdos\\_reservation/](http://cfo.ph/pdos_reservation/) and click the “I already have...” button if you have already secured your immigrant visa.
- Answer all preliminary questions to verify if you are required to attend the PDOS or Peer Counseling Program. Provide your email address and click “Submit”.
- Check your e-mail account (spam/inbox) and open the confirmation link sent by CFO-Manila. Click the “Confirm Email” button.
- Provide information as specified in the form “PERSONAL INFORMATION” page.
- If you are required to attend the PDOS, you will be directed to the “SET YOUR SCHEDULE” page. Click the calendar to select your preferred date to attend the PDOS/PEER session and select your preferred time (AM/PM) session.
- Click the “Proceed to registration” button to accomplish the on-line registration form using the R&R PDOS on-line system.
- Please upload your recent clear photo and supply correct and complete information in all the fields required in the on-line registration form.
- Download and print the barcoded confirmation form. Bring this document together with all the other requirements to CFO on your appointed date. You do NOT need to print your registration form. Please come at least 2 hours before your scheduled PDOS/PEER session to give us time to verify your on-line reservation and the required documents.

## Requirements for Registration

1. Original and photocopy of **valid passport**
2. Original and photocopy of **visa**
3. One (1) 2”x2” or passport-size **photograph**
4. One (1) **valid identification card with photograph** (eg., SSS ID, GSIS E-card, PRC ID, driver’s license, etc.)
5. Original and photocopy of **Confirmation of Permanent Residence** (for Canada-bound emigrants)
6. Clear photocopy of **Immigrant Data Summary** (please do not detach from yellow packet) for US-bound emigrants, except for K visa holders
7. Original and photocopy of **Certificate of Eligibility** (for Japan-bound emigrants)
8. Original and photocopy of **Nulla Osta** (for Italy-bound emigrants)
9. Original and photocopy of **letter of approval for Work to Residence visa** (for New Zealand-bound emigrants)
10. Printed copy of **Visa Grant Notification Letter** (for Australia-bound emigrants)
11. Photocopy of **employment contract** (for immigrant workers)
12. Payment of **Php400.00 registration fee**
13. Attendance in the **PDOS or Peer Counseling session**.

## What is the Pre-departure Orientation Seminar (PDOS) in CFO?

Filipino emigrants or those leaving the country to settle permanently abroad are required to register with the Commission on Filipinos Overseas (CFO), and attend the Pre-Departure Orientation Seminar (PDOS) or Peer Counseling Session. Topics discussed include travel regulations, immigration procedures, cultural differences, settlement concerns, employment and social security concerns, and rights and obligations of Filipino migrants.

The PDOS is for emigrants petitioned by their parents, siblings, or immediate relatives, including independent applicants who are 20-59 years old. The Peer Counseling Program is for emigrants aged 13-19 years old.

To attend the Pre-Departure Orientation/Peer Counseling Program at CFO Manila, clients are required to use the RESERVATION and REGISTRATION (R&R) Online System. Attendance at the Pre-Departure Orientation/Peer Counseling Program at CFO Cebu is on a first-come, first-served, walk-in basis. The Commission will only accept emigrants with complete registration requirements.

# SCHEDULES

## CFO-MANILA *Thru the R&R PDOS Online System*

<b>Pre-Departure Orientation Seminar (PDOS)</b> <i>for emigrants 20-59 Years Old</i>	Country	Day	Time	
	United States of America	Mondays, Wednesdays and Thursdays (70 slots)*	10:00 am - 12:00 nn	
		Tuesdays and Fridays (70 slots)*	2:00 pm - 4:00 pm	
	Canada	Monday to Friday (60 slots)*	9:30 am - 12:00 nn	
	Europe	Tuesdays and Fridays (70 slots)*	10:00 am - 12:00 nn	
	Australia and New Zealand	Tuesdays and Fridays (60 slots)*	2:00 pm - 4:00 pm	
	Japan and other Asian countries	Mondays and Thursdays (70 slots)*	2:00 pm - 4:00 pm	
<b>Peer Counseling</b> <i>for youth emigrants 13-19 Years Old</i>		Country	Day	Time
		All Countries	Monday to Friday (25 slots per session)	9:30 am - 12:00 nn
			2:00 pm - 5:00 pm	

\* Due to the capacity of venue

## CFO-CEBU *No Reservation/First-come, first-served basis*

<b>Combined Pre-Departure Orientation Seminar and Peer Counseling Session</b>	Country	Day	Time
	United States of America and Canada	Monday to Friday (40 slots)*	10:00 am - 12:00 nn
	Australia and New Zealand	Mondays and Wednesdays (40 slots)*	10:00 am - 12:00 nn
	Japan	Tuesdays and Thursdays (40 slots)*	10:00 am - 12:00 nn
	Europe and other countries	Fridays (40 slots)*	10:00 am - 12:00 nn

\* Due to the capacity of venue

## ~~PDOS~~ Exemptions

The following emigrants are exempted from attending the PDOS and registering in person with the CFO, provided that they are registered by a proxy:

- Senior citizens (60 years old and above);
- Those incapacitated due to permanent or long-term ailments; or
- Those with mental health issues or psychologically-challenged.

To register any of the above emigrants, the proxy is required to present the following documents in addition to the usual required documents:

- Medical certificate/report (except those 60 years old and above)
- Letter of authorization from the emigrant (if applicable to the case); and
- Original and photocopy of a valid identification card with photograph of the proxy.

Proxies who are NOT the legal/natural/biological adoptive parent of children 12 years old and below must present the following documents:

1. One (1) original and photocopy of valid identification card with photograph of the proxy
2. Special Power of Attorney (SPA) authenticated by the Philippine Embassy/Consulate if parent/s or guardian/s is/are based overseas; or a duly notarized authorization letter executed by parent/s or guardian/s while in the Philippines; and
3. Other documents that may be required by the registration officers.

### For questions, please contact:



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Office of the President of the Philippines  
**Commission on Filipinos Overseas**

**1343 ACTIONLINE**  
**AGAINST HUMAN TRAFFICKING**

**Report Human Trafficking!**  
**Call or Text 1343**  
Call (02)1343 if outside Metro Manila

E-mail: 1343actionline@cfo.gov.ph  
Facebook: fb.com/1343actionline  
Web reporting: 1343actionline.ph

Or through the 1343 Actionline Mobile App

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